

Welcoming the SPRING EQUINOX

Spring does not rush its arrival. It unfolds. Beneath the surface of winter, something has been forming quietly. Roots strengthening. Identity reshaping. Awareness deepening in unseen ways. Now, the light begins to return.

**THIS SEASON IS NOT ABOUT BECOMING SOMEONE NEW.
IT IS ABOUT GENTLY INHABITING WHO YOU HAVE BEEN
BECOMING ALL ALONG.**

**LIKE A COCOON OPENING AT ITS OWN PACE,
SPRING INVITES EMERGENCE WITHOUT FORCE.**

You may notice renewed curiosity. Subtle motivation. A quiet sense that something within you is ready to be seen.

Rebirth is rarely dramatic. It is deliberate. It is sacred. It is the natural result of what has been unfolding beneath the surface.

As we enter this new season together, may you feel safe to emerge. May you trust what is rising within you. And may you allow yourself to bloom in your own perfect timing.

*Let it be light.
Let it be gentle.
Let it be honest.*

*Christopher & Amanda
Jen, Lily, Brandi*



WHERE HEALING CONTINUES

Spring is a season of subtle activation. What has been clearing begins to reorganize. What has been planted begins to root.

As the work integrates, your field recalibrates. Your body adjusts. Your awareness expands in quiet ways that are not always dramatic, but deeply real.

Between sessions, we encourage you to remain gently engaged with your process.

Spend a few minutes in stillness each day, even if only to breathe intentionally

Step outside and reconnect with the natural rhythm of the earth

Notice where your energy feels lighter, clearer, or more aligned

INSTAGRAM

FACEBOOK

RUMBLE

TELEGRAM



STAY CONNECTED

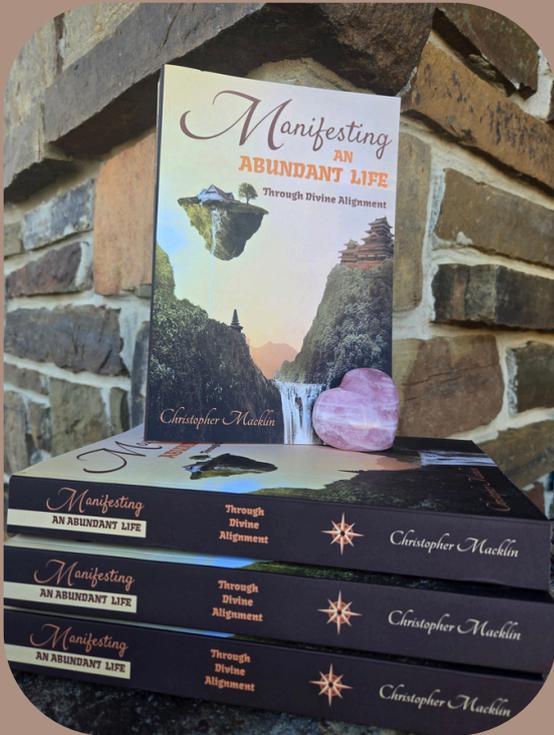
If you would like gentle reminders and occasional updates between sessions, we invite you to connect with us on social media.

We share reflections, encouragement, and timely announcements as they arise.

Healing does not only occur in the scheduled hour,
it continues in the unseen spaces between.

HEALING SUPPORT TOOLS

Many clients find energetic tools supportive alongside live healing



Discover why manifesting often falls short and learn how to align with your divine plan

Only \$21
INCLUDES SUPPORTIVE HEART STONE

Green Aventurine

Heart-centered healing support

Unakite

Emotional integration support

Lepidolite

Calming and stabilizing support

Rainbow Moonstone

Intuitive alignment support



Learn more on our website

Ingredients & Notes:

- 1 Tablespoon Olive oil
- 1 sweet onion
- 4 small sweet potatoes
- 1 cup of green lentils
- ¼ cup tomato sauce
- 14 ounces of coconut cream
- 1 cup frozen chopped spinach
- 3 ½ teaspoons curry powder
- 1 teaspoon garlic powder
- 2 teaspoons cumin
- 1 ½ tea spoons salt
- ¼ teaspoon pepper
- ¼ teaspoon ground ginger
- 2 ½ teaspoons garam masala
- ½ teaspoon sugar
- your choice of rice to serve on, best with Jasmine or Basmati



SWEET POTATO LENTIL CURRY
Gluten Free

Instructions

Place the chopped onion and the olive oil in a large pot and cook over medium heat.

While the onion softens, peel and chop the potatoes, then add to the pot.

Pick over and rinse the lentils, then add to the pot. Add 4 cups of water and raise the heat to high.

Once it starts to boil, reduce the heat to a simmer. Simmer for about 20 minutes, or until potatoes are tender.

Add the tomato sauce, coconut cream, sugar, frozen spinach, and spices. Raise the heat to high and bring to a boil, then reduce to a simmer again.

Simmer for about 15 minutes.

Add more salt if desired.

Serve over your choice of rice - Basmati, brown, cauliflower rice, or even quinoa.

HAPPY HEALY SEARCHY GAME

XUJT
 XWTP
 FTPCGDFZA
 GQPSQLVFWTYNP
 PZSHEBGOFPSKP
 SPZYOFNJHSBBH
 BJRIYWIHFNLOXBC
 AJDPUXNNKUVUJVO
 LYTYWPELAJRIOCE
 TLYFDBKPCMAEZ XGD
 LQDEHJAUKGWTAKBE
 KHXPBWPBZFTLLNXOZCSMBORICYDUXZDUY
 FDXAEHJTDMIKSHFIFQMUMNOGIPH
 W
 CLYLTF FZYVOLGPWVORG YRCXKAFQJGO
 MGLQOIEHMYNUPNYNBRYRHY
 DZMEVKLB TUZ WJC
 BALANCERIBCLDI
 LN XZ FBRNUWOOQGIILSWQ
 XDBLSTXMXIU YQOMTYVREHC
 KALDONVXAS YGLYSAXYDEEL
 WIQFJHTECHKXSVZVCVZH ZQVDPKLA
 FXHLCCTLHINJLHEHZPWJRCNIAMNGUNBW
 YCISLUXTWKO AALNYQWMBWFCECRBEYPSH
 GWTXRSGSOWIJOUSTHEALINGPKRQJRDGI
 BVQDAONVBLNTBDFUIKGYTHSYWIGSHQRALJ
 XLJASEHPJOGNGLT ONNGHGBBJFRJZGEQUWA
 VPLERYATMUEEB IUVS YNGYPILPACQSY
 TDKTGBPIGODTG CMXJ UUTXNTBEXYVAY
 NKSMLZTVYPANE SMCP HZYMNZYGDZIIIG
 UFBLESSINGSI NOYF MTIPH XARVXKX
 QVVRESKDAR OXCT LDRFCDOYZR
 MKOTNMGNRL CNVI AEHUSTTLGF
 NLRPDDGE RMYK MZTEBEFN
 APWG LAXE DCLJ
 OTAM RIMD XWBX
 CBJP
 KLJF

1. Healing
2. Divine
3. Realign
4. Testimonial
5. Manifest
6. Consciousness
7. Balance
8. Community
9. Frequency
10. Strengthen
11. Elevate
12. Awakening
13. Blessings
14. Ascension
15. Detox
16. Intention
17. Surrender

SPECIALIZED GROUP HEALINGS

Mondays at 6pm
Tuesdays at 11am & 5pm
Thursdays at 8:30am & 2pm
Fridays at 8:30am

General Group Healings

Thursdays at 5pm
Saturdays at 11am
Watch our Replays on Rumble & Facebook

SACRED SPACE SHARING

Saturday, March 28th at 2pm
Check Our Website for Future Dates



Central Time

Contact our office for scheduling



<p>GLOBAL ENLIGHTENMENT PROJECT</p>	<p>417-334-6200 OFFICE HOURS: MON-FRI 8AM-5PM CT</p>  <p>INFO@CHRISTOPHERMACKLINMINISTRIES.COM</p>
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May this new season bring renewal, clarity, and gentle expansion to your path.